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Instructions:

1. Download the worksheet and print a copy.
2. Fold the square paper diagonally both ways to create two intersecting creases.
3. Lay the square flat and fold each corner toward the centre point, forming a smaller square.
4. Flip the paper over and fold each corner to the centre again, creating an even smaller square.
5. Fold the smaller square in half horizontally and vertically, then unfold to form helpful creases.
6. Lift the paper and slip your fingers under the four flaps on the back. Pinch the sides to create a 3D shape.
7. Move the flaps back and forth with your fingers. Your kindness conversation sparker is ready to use!

